

## **ACUPUNCTURE**

**Maggie Perrins**

£65 Initial treatment (90 mins)  
£55 Follow up appointments (60 mins)  
£45 concessions

## **ALEXANDER TECHNIQUE**

**Jane Baker**

£46 (50 mins) First session  
£46 (40 mins) Individual session  
£62 (60 mins) Shared session for 2 people  
£128 for 3 sessions (saving of £10)  
£400 for 10 sessions (saving of £60)

## **BOWEN, REIKI, EFT**

**Adam Buttery**

£50 for (1 hour) all treatments  
Discounts available, please call to discuss

## **CHIROPRACTOR**

**Paul Weston**

£50 (30 mins) Initial consultation  
£35 (15 mins) Subsequent appointments

## **COUNSELLING**

**Sara Speakes**

Counselling

£50 (1 hour)  
Concessions available for low income

**Michelle Mcnamara**

Counselling  
& Clinical Hypnotherapy

£50 (1 hour)  
Reduced fee if block of sessions booked

**Carl Hall**

Counselling

£50 ( 50 minutes)  
Sliding scale for low income or students

**Teri Tivey**

Couples Counselling

£50 - £70 (1 hour)  
First session is at a reduced rate

**MASSAGE - DEEP TISSUE**

**Jacque Hackett** £50 (1 hour)  
£45 (45 mins)

**MASSAGE - SPORTS, DEEP TISSUE, PREGNANCY, HOT STONE, INDIAN HEAD, AROMATHERAPY**

**Jacque Lee** £35 (35 minutes)  
£60 (1 hour)  
£85 (1.5 hours)

**OSTEOPATHY**

**Sarah Raynsford** £55 (1 hour)  
Follow up appointments £43 (30 mins)

**PREMIER PHYSIOTHERAPY** NHS Referral

**THERMAL BODY IMAGING**

**Adele Hanna** Please call for prices